

Volunteer “Hiring” Process

⇒ Sign up at

klickitatseniorservices.galaxydigital.com

⇒ Do background check

⇒ Fill out mileage forms

⇒ Orientation

*Mileage is reimbursed at
62.5 cents a mile.*

HOW WE ARE FUNDED

Volunteer Connections is primarily funded by a grant from the Area Agency On Aging & Disabilities Of Southwest Washington. Other funding sources are local donations and/or grants.

Donations are always welcomed.

Volunteer Connections Klickitat County Senior Services

115 W Court St. Suite 101,
Goldendale WA 98620

501 NE Washington St
PO BOX 1877
White Salmon WA 98672

Goldendale Phone
509-773-3757

White Salmon Phone
#509-493-3068

Email:
isaiasg@klickitatcounty.org

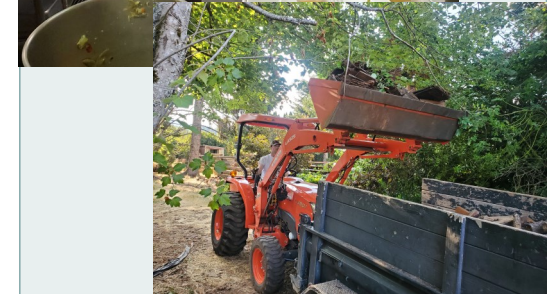
Sign up to volunteer at:

[https://
klickitatseniorservices.galaxydigital.com/](https://klickitatseniorservices.galaxydigital.com/)



VOLUNTEERING

*“Service to others is the rent you pay
for your room here on earth.” –
Muhammad Ali*



Volunteer Opportunities:

Visitor Friends
Neighbor Friends
Lend a Hand Friend
Respite Care Friend
Culinary Assistant
Meal Delivery Driver
Dining Room Assistant
Volunteering as a
corporate, faith based,
school, or friend group.



10 Benefits of Volunteering

1. **Make new friends**
2. **Physical activity**
3. **Gain confidence**
4. **Feel happier**
5. **Reconnect with partner after kids have left the nest**
6. **Build your resume**
7. **Learn new skills**
8. **Explore your interests**
9. **Build community**
10. **Honor our Seniors**

"The best way to find yourself is to lose yourself in the service of others."—Gandhi

VOLUNTEER SERVICES

Visitor Friend: Visits that are social in nature. They may include tv watching, board games, reading books, reminisces, trips to hair salon, trips to community events, porch sitting, and etc.

Neighbor Friend: Visits that may include collecting and or sorting mail, filling out forms, help with technology, and etc.

Lend a Hand Friend: Visits that involve helping with minor chores around the home, either inside or outside. These visits may also include lawn work, light fixes around home, shopping, and etc. Some work that is more involved like fire hazard and hoarding mitigation can be done on a case by case based on volunteer and resources available.

Respite Care: This service is for helping caregivers get a break once in a while. No caregiving services are done like medication admin, diaper changes, laundry, bathing or other things that require a license.

Nutrition Program: Klickitat County Senior Services has a nutrition program that sends out home delivered meals, and has meal sites throughout Klickitat County.

Volunteer Driver: Our volunteer drivers work with Mt. Adams Transportation. They primarily get assigned to give medical **appointment rides**.

